



Today's Fork: Verse and Step Journal

One real-life moment a day. What would you do, which verse speaks to it, and what is your one small step?

Day	The moment I faced	What I did	The verse	My next step	Evening: did it?
Mon					
Tue					
Wed					
Thu					
Fri					
Sat					
Sun					

LOOKING BACK AT THE WEEK

Where did I choose well?

What moment do I want a verse ready for next week?



Free iPhone app: Lampstep: Bible for Real Life

A daily Bible verse app for real life: a real-life moment, the exact verse, a plain-English why and one small step. No account, no AI chat. Always-free SOS verse reset.

Lampstep is not a substitute for professional help. In crisis in the US, call or text 988. Verses in the app: World English Bible (public domain).