

30-Day Puzzle Streak Calendar

Color in a square each day you finish your puzzles. Every personal best counts.



YOUR 30 DAYS

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

My personal best this month

Which puzzle type I want to practise next

What helped me most this month:

Free iPhone app: Cognilo: Brain Training Games

A calm daily puzzle app for adults: five short brain games across memory, focus, logic, numbers, spatial and language. Untimed by default, no account, works offline.

A puzzle habit tracker, not a medical or diagnostic tool.

